

## HOW TO MAKE IT!

- 1. Cut a pair of circles out and cover the back of one circle with glue
- 2. Attach a handle (straw) on the back of the glued circle
- 3. Stick the circles back to back with the straw in between them
- 4. Rub the handle fast between your hands. Magic! The **allergen** will appear in the food as you twist.

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## Allergy adventures Make a magic magnifying glass is a food

1. Write down two foods where you can find the allergens shown below.

milk

wheat

2. Draw one food from your list. Make it twice the size of the **allergen** so it fits inside it!

## WHERE CAN YOU FIND ME?

List two foods that contain **milk**:

1.

2.

allergy

List two foods that contain **wheat**:

2.



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